



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		6.30 h HOT 60				
					10.00 h HOT	10.00 h YIN
12.00 h VINYASA 60	12.00 h HOT	12.00 h VINYASA 60	12.00 h HOT 60	12.00 h HOT	12.00 h VINYASA 90	12.00 h HOT
				17.00 h HOT		
18.00 h HOT	18.00 h HOT 60	18.00 h HOT	18.00 h HOT			18.00 h HOT
20.00 h HOT 60	19.30 h VINYASA 90	20.00 h YIN	20.00 h HOT			